Program Opportunities for Older Adults

Clubs • Fitness • Drop-ins • Registered Programs

Explore Your Recreation Options

Different ways to stay active, social and connected

OLDER ADULT CLUBS

Volunteer-led clubs for adults 55+

Social, cultural and recreational activities

The City of Markham partners with five, not for profit, older adults clubs in our community centres.

FITNESS & DROP-INS

Fitness memberships, classes, swimming, skating and sports

REGISTERED PROGRAMS

Sign up for a series of classes in fitness, arts, recreation and more

Older Adults Clubs | 55+

Five community clubs with approximately 5,000 participants (estimate)

- Volunteer-organized activities: Tai Chi, pickleball, badminton, dance, crafts, snooker, karaoke and more
- Apply directly through your preferred club; the City processes memberships
- City portion of membership: $40, plus club-specific fees or activity charges
- Fees and activities vary by club—contact the club before joining

Open club directory and contacts ↗

Find the club that fits you

Facilities and activity formats vary across Markham

Angus Glen

Angus Glen CC, Crosby CC, Old Unionville Library, Stiver Mill and Unionville Train Station

Armadale

Primarily Armadale CC; all-inclusive club-fee approach

Milliken on the Move

Milliken Mills, Armadale and occasionally Aaniin for gym activities

Older Adults in Action

Markham Seniors Activity Centre, 22 Water Street

Thornhill Seniors Club

Thornhill Seniors Centre, 7755 Bayview Avenue

View all club profiles ↗

Older Adults Clubs | Contact information

Contact clubs directly about joining, fees and schedules

- Angus Glen: agoac@gmail.com | www.agoac.com/our-club
- Armadale: armadaleseniors@gmail.com | www.aoacseniors.ca
- Milliken on the Move: info@motm-oac.com | www.motmoac.com
- Older Adults in Action: 22 Water Street | info@markhamseniorcentre.com | OAIA – Older Adults in Action
- Thornhill: www.tsclub.ca

Open official contact directory ↗



City-run programs | Senior discount

Ages 65+

30%

OFF ADULT FEES

- Fitness memberships
- Registered programs (series)
- Eligible drop-in programs and passes
- Check current fees and program-specific conditions when booking

Fitness membership | What is included

One membership, many ways to move

- Five fitness centres: Aaniin, Centennial, Cornell, Markham Pan Am, Thornhill
- Three indoor walking/running tracks: Aaniin, Cornell, Thornhill
- Five squash courts across Centennial and Thornhill
- Drop-in and full-season group fitness classes at multiple centres
- Aquafit, lane and recreational swimming, recreational skating
- Complimentary fitness centre orientation

Fitness Membership Fees, effective Sept. 1, 2026:

(Taxes apply to fees below)

Monthly Hassle-Free Membership:

- Youth: $37.61
- Student: $44.17
- Adult: $63.09
  - Additional Adult family member: $58.14 (Additional family mem
- Older Adult: $44.17

Monthly Track Hassle-Free Membership:

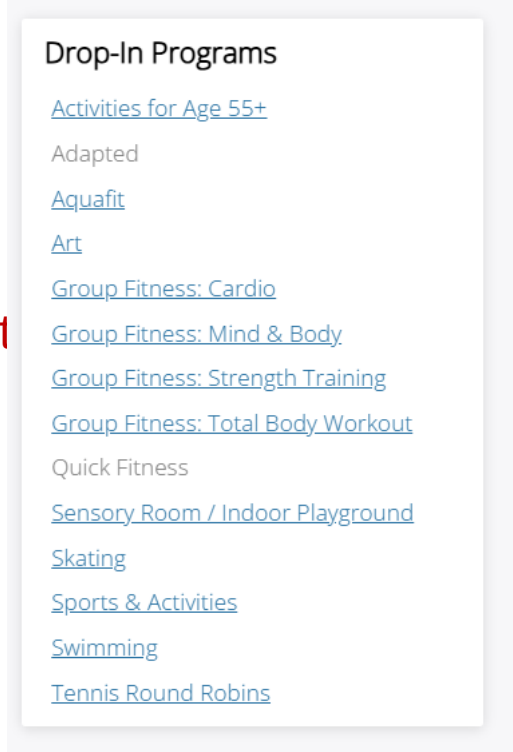
- Youth: $12.90
- Adult: $20.32
- Older Adult: $14.21

Explore fitness and facilities ↗

Drop-in activities | Flexible participation

Choose an activity and visit when it suits your schedule

- 55+ drop-in options are offered at Cornell and Aaniin
- Other options include swimming, skating and gymnasium sports
- Activity passes are available at community-centre desks; Aquafit may cost ext
- Group fitness drop-ins require a fitness membership
- Residents: up to 21 hours ahead; non-residents: up to 3 hours ahead
- Aquafit is walk-in only; check availability and facility schedules



Open drop-in schedule / filters ↗

Live demonstration | Drop-in schedule

Open the page and explore current offerings together

- Select Filter on the drop-in booking page
- Browse location, activity and date options, including 55+ sessions
- Compare programs at Aaniin and Cornell
- Review the activity details before visiting or reserving
- Non-resident reservation timing: confirm current rules with the City

Open live drop-in booking page ↗

Registered programs | Classes in a series

A great choice for structured learning and regular participation

FITNESS CLASSES

Register for a specific course if you do not want a full fitness membership.

Examples may include yoga, strength, dance and wellness.

GENERAL ADULT PROGRAMS

Explore arts, hobbies, recreation and sports.

Adults 65+ may receive the 30% senior discount on eligible adult programs.

Browse registered programs ↗

Live demonstration | Registered programs

Use the filters to find a program

- Open the registered programs catalogue
- Use Filter to choose an activity category, location and date range
- Explore fitness classes and general adult programs
- Open a course to review its schedule, location, availability and fee
- Sign in to register when you find a suitable course

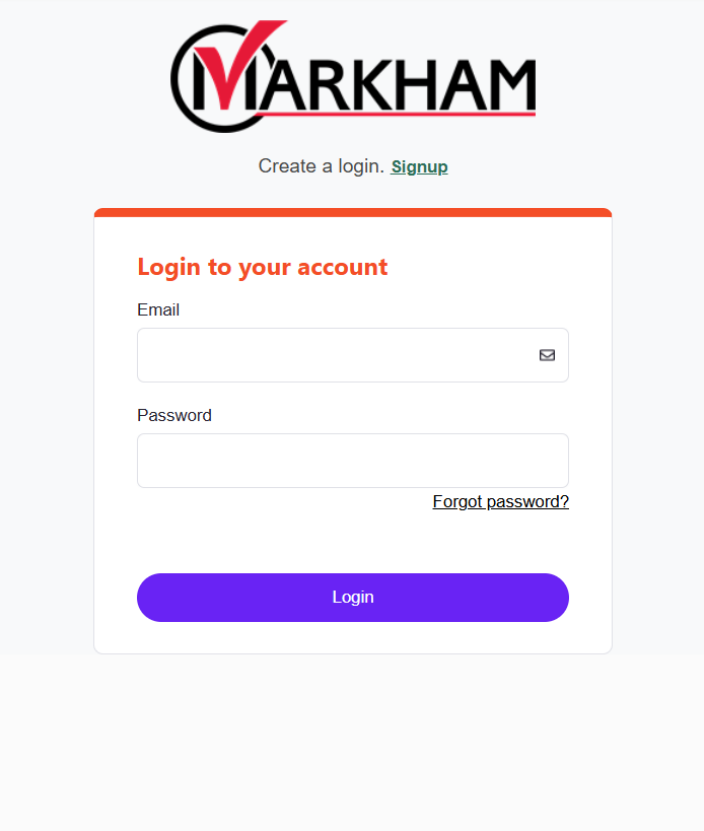
Open registered program catalogue ↗

How to register | Step 1

Create or sign in to your City of Markham recreation account

- Visit the online account sign-in page
- Select “Signup” or “Create a login” if you are new
- Enter your contact information and required account details
- If you already have an account, sign in with your email and pass
- Use the same account to access registration and booking options

Open account registration ↗



How to register | Step 2

Verify your Markham residency

- Visit a City verification location to verify your address
  Bring photo ID and acceptable proof of Markham residency

Who	What they need
Adults, 16 and older	Photo ID showing a Markham address OR a Current Bill* (Showing Name & Address)
Students (High-school)	Student ID or a report card
Client accounts	An adult can bring ID to verify the other clients as residents on the account
Children, 15 and under	The child's health card (without address) is sufficient

Verification is in person at a front desk or sent to customerservice@markham.ca.
No ID? Property tax roll can also be verified by Contact Centre (but only the homeowner).
*Bill must be current and within 30 days of verification

- Verified residents receive earlier registration access and resident pricing
- Current account holders: verify by November 30, 2026
- Accounts not verified by December 1, 2026 will be assigned non-resident status

Open registration and notice ↗

Your next step

Choose the opportunity that works best for you

CONNECT

Contact an Older Adults Club to ask about activities and joining.

STAY ACTIVE

Explore fitness memberships or drop-in programs.

TRY A CLASS

Browse a registered program and create an account.

City of Markham Recreation Registration Support: 905-477-5530

Presenter notes | Website links

Click links in presentation mode for a live website tour

- Older Adults Clubs: official club directory and contact information
- Fitness: centres, facilities, classes and membership overview
- Drop-in: current schedule and filters (dynamic content)
- Registered programs: browse by activity, location and dates
- Account sign-in: create an account and verify residency

Clubs ↗ | Fitness ↗ | Drop-ins ↗ | Programs ↗ | Sign in ↗